

Conversation Starters

Communication skills are important for children and adults. Good communication between you and your child is important for developing a positive relationship. Communication also helps children develop other skills such as respect for others and building their self-esteem.

Below are some ideas on starting conversations with your children which can be used after school, round the dinner table or wherever and whenever you like! Why not give them a try during Parenting Week (19th - 23rd October) and see what you can learn about each other.

What was your favourite part of the day?

What did you do at school today?

Name something you are really good at...

Who is your best friend and why?

What's your favourite movie and why?

What would you like to be when you grow up and why?

Describe your perfect day...

What makes you happy?

What are you most proud of?



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What's your favourite thing about our family?

What's your favourite thing that we do as a family?

If you could make 3 family rules, what would they be?

What are 3 of your favourite things about you?

Do you have a favourite family photo?

What do you think makes a good parent?

What are you grateful for today?

If you were stranded on a desert island, what 3 items would you want with you?

What's your favourite subject at school and what do you like about it?



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If you could have a superpower what would it be?

If you were to write a book, what would it be about?

What's your favourite game to play?

Where in the world would you really like to visit?

If you could change one thing in the world, what would it be?

What's the best thing about being ___ years old?

If you had 3 wishes, what would they be?

(You can't wish for more wishes or money)

Do you have a favourite sport or activity and what do you like most about it?

How do you cheer yourself up when you're feeling a bit down?