



# ParentingNI

## Creating a Family Scrapbook or Memory Box

Making a family scrapbook or memory box is a good way to get creative with your children as well as spending some quality time together. A family scrapbook album can contain anything you can stick or tape in it, from photos of days out, to ticket stubs from museums and leaves from scavenger hunts you've been on.



## Ideas of what you can do in the scrapbook or memory box...

### First Words

Remember their first words? Write them down and ask your children to draw pictures relating to the words or cut out letters to spell it out.

### Hand Prints

Doing family hand prints is nice for looking back on and seeing how much your children have grown!

### Our Holiday

Detail your memories of family trips or holidays by including photos, stories, drawings or a map of where you visited.

### Outdoor Adventures

What can you collect from days when your children are playing outside? You could do stencils with leaves from the garden or collect conkers at your local park.

### Supplies you might need...

- A blank A4 notebook
- An old shoebox
- Glue
- Colouring pens / pencils / crayons
- Paint
- Scissors
- Family pictures