



## Conversation Starters

Communication skills are important for children and adults. Good communication between you and your child is important for developing a positive relationship. Communication also helps children develop other skills such as respect for others and building their self-esteem.

Below are some ideas on starting conversations with your children which can be used after school, round the dinner table or wherever and whenever you like! Why not give them a try during Parenting Week (21st - 25th October) and see what you can learn about each other.

**What was your favourite part of the day?**

**What did you do at school today?**

**Name something you are really good at...**

**Who is your best friend and why?**

**What's your favourite movie and why?**

**What would you like to be when you grow up and why?**

**Describe your perfect day...**

**What makes you happy?**

**What are you most proud of?**



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**What's your favourite thing about our family?**

**What's your favourite thing that we do as a family?**

**If you could make 3 family rules, what would they be?**

**What are 3 of your favourite things about you?**

**Do you have a favourite family photo?**

**What do you think makes a good parent?**

**What are you grateful for today?**

**If you were stranded on a desert island, what 3 items would you want with you?**

**What's your favourite subject at school and what do you like about it?**



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**If you could have a superpower what would it be?**

**If you were to write a book, what would it be about?**

**What's your favourite game to play?**

**Where in the world would you really like to visit?**

**If you could change one thing in the world, what would it be?**

**What's the best thing about being \_\_\_ years old?**

**If you had 3 wishes, what would they be?**

(You can't wish for more wishes or money)

**Do you have a favourite sport or activity and what do you like most about it?**

**How do you cheer yourself up when you're feeling a bit down?**