The NI Families Network
is a partnership between:

- MindWise
- Action Mental Health
- Aware
- ParentingNI
- Cause
- CAMHS
- HSC

Contact Details

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MindWise is the operating name of Mind Wise New Vision
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NI Families Network

The NI Families Network is a partnership between MindWise, Action Mental Health, Aware Defeat Depression, CAUSE, Parenting NI and Specialist CAMHS.

The aim of this partnership is to support children aged 5-11 years, who are experiencing emotional or behavioural issues. In particular, the focus will be on those children who have received a referral from their GP, but do not meet the threshold for Specialist CAMHS. Currently these children are referred back to their GP/referrer or Family Support Hub.

The Network uses an holistic approach by supporting both the child and their family to address the issues identified, effectively access information and support from other organisations and; build resilience within the family.

The children and their families will be supported in their own home to draft and then implement their Wellness Recovery Action Plans (WRAPs) over a period of months.

MindWise is the lead partner of the NI Families Network

Family Wellness Project

The project has been awarded five years’ funding from the Big Lottery Fund, under the Reaching Out— Supporting Families programme, to deliver support to children and their families in both the Southern and the Western Health & Social Care Trust areas.

The NI Families Network employs a Network Co-ordinator and two Child & Family Support Workers to implement this service which has been named the Family Wellness Project.

Initially referrals will be accepted from the Specialist CAMHS teams in each of the two trust areas. The Network Co-ordinator will also attend the local Health & Social Care Board Family Support Hub meetings to identify and accept suitable referrals.

It is envisaged that in future other sources of referrals will be explored where appropriate. The Network is also actively exploring opportunities to expand services to the other three NI health and social care trust areas.

For further information please contact the NI Families Network Co-ordinator using the contact details on the back of this leaflet.

The Service Model

[Diagram showing the service model, including steps such as Child visits GP / Community Paediatric Clinic, GP assessment, referrals to Specialist CAMHS or local Family Support Hub, and subsequent support and implementation phases for the Family Wellness Project.]