
Alternatives to Physical Punishment

What type of training is it?

Parents Advice Centre (PAC) is currently offering training which looks at alternatives to physical punishment, and issues associated with the physical punishment of children. A PAC Parenting Worker will travel to your base. All you need to have is a minimum of six people and a suitable venue. Even if you do not have six interested people in your own organisation, please still register your interest - as it may be possible to combine your group with another group in your area.

How long does the training last?

Ideally, to cover the entire content, your group should be available for one morning / afternoon / evening per week for a minimum period of four weeks. However, we will try to make the training as flexible as possible to suit your particular needs.

Who is the training suitable for?

This training is especially relevant to workers who are involved with children, young people and parents. However, PAC is also keen to offer this programme to groups of parents.

Participants will receive:

Handouts related to each session plus a certificate acknowledging completion of the training.

Course topics:

The training will look at ...

- ❑ The concept of 'physical punishment' - including perceptions, prejudices and myths
- ❑ Understanding stresses and strains on family life
- ❑ Meeting children's needs
- ❑ Behaviour management techniques
- ❑ The current law in Northern Ireland - including reforms suggested for the future
- ❑ Models of best practice from other countries

