

Parenting NI was established as Parents Advice Centre in 1979, the International Year of the Child. It is now a leading parenting support organisation committed to delivering high quality services. Parenting NI has a regional remit to promote positive parenting by providing support, training and information on family issues and influencing policy, provision and practice at all levels.

PARENTS HELPLINE

Providing support and guidance to parents and families facing difficulties through a free helpline and outreach appointment service.

PARENTING EDUCATION

Providing parenting education programmes and resources to parents and practitioners.

PARENTING FORUM

Lobbying on behalf of parents to influence policy, practice and equality of parenting services.

PARENTS HELPLINE

listening &
supporting
individual
parents...



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ParentingNI

Every parent experiences difficulties from time to time. Sometimes they may seem small, but cause a lot of worry. Sometimes there may be a major family crisis. In many cases it helps to talk to someone outside the family.

There is someone to talk to ...

Parents Helpline is there for you when things seem too much. We'll listen to how you feel and won't judge you. We won't tell you what to do but we will try to help you improve your situation. We will not tell anyone about your call – you don't even have to tell us your name. We can call you back or meet you face to face if you would prefer. Appointments are available in Belfast and in a number of Outreach sites across Northern Ireland.



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Do you have what it takes to become a volunteer?

Volunteers play a key role in the delivery of the Helpline and without them we would not be able to continue delivering the level of support that parents need.

In return for the commitment of a weekly Helpline rota, we offer volunteers:

- Accredited preparation training.
- An ongoing range of training and support.
- Opportunities to gain knowledge and develop new skills.
- Social events and team-building activities.

