

Parenting NI was established as Parents Advice Centre in 1979, the International Year of the Child. It is now a leading parenting support organisation committed to delivering high quality services. Parenting NI has a regional remit to promote positive parenting by providing support, training and information on family issues and influencing policy, provision and practice at all levels.

PARENTS HELPLINE

Providing support and guidance to parents and families facing difficulties through a free helpline and outreach appointment service.

PARENTING EDUCATION

Providing parenting education programmes and resources to parents and practitioners.

PARENTING FORUM

Lobbying on behalf of parents to influence policy, practice and equality of parenting services.

PARENTING EDUCATION

empowering
& encouraging
parents through
learning...

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ParentingNI

The Parenting Courses develop parents' confidence and capacity, as well as enhancing their skills and knowledge of parenting. The courses are delivered in small groups, which enable parents to feel comfortable about participating.

All parents need support at some point. The type of support can change at different stages in their life and in their child's life. With the constant stresses on family life, parents find the Parenting Courses of great benefit, and especially value the support from the group.

Parenting Courses have been designed to address the needs of parents, and great care is taken to ensure they feel at ease in the group.



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Courses for Parents

Courses are provided to support parents throughout Northern Ireland.

Courses include:

- Parenting UR Teen
- Parenting Apart
- Parents Anger Management
- Flat pack Guide for Fathers
- Managing Children's Challenging Behaviour

Courses for Practitioners

Parenting Education offers training to groups of practitioners who work directly with parents and carers. The training provides an opportunity for practitioners to recap or enhance their skills.